

## The Great Spiritual Awakening:

A great spiritual awakening is taking place across all of humanity which promises to profoundly transform the consciousness of the population of the world as a whole for the better. Along with that awakening has come a heightened and growing global awareness of the plight of people around the world that are starving, oppressed, uneducated, diseased and dying. All of this is occurring as we collectively mature into a greater global heart-felt willingness to effectively mobilize to meet the needs of humanity.

We are gradually learning the spiritual value, necessity and contribution of all religions, and there is a shift toward consistent acceptance of and respect for all other's religions. In the past, inconsistent religious tolerance was the best we had achieved; however, we are now realizing that mere tolerance is not enough. In our rapidly arising future we must also respect and trust all religions if we want to harmoniously weave them into the future world social fabric. This is in part true, because as the world is becoming ever more populated and stressed, we are finding that large-scale social or religious conflict can no longer exist if we wish to progress and maintain global stability. The human species must eventually accept and respect everyone's freewill and accept their right to worship God as they choose, without interference, judgment, limitation, condemnation or punishment. (God is defined here as any deity or higher being that is worshiped by any specific religion or spiritual practice as defined by doctrines of that specific religion or spiritual practice). Political, religious and economic systems are all learning from their current conflicted situations and the negative results of their prior choices. This evolutionary learning development will eventually lead social, political and religious organizations to reach a new state of understanding, cooperation and acceptance of one another.

**(Note:** For the remainder of this text please understand that any time I use the word “negative”, as in “negative emotions or negative implications”, I am not implying either “wrong, bad, unacceptable, imperfect”. Nor am I implying any type of judgment of the topics of emotion being discussed at any point in the book. The word negative in this book simply implies “non-optimal or not fully evolved in nature or in current mode of operation”. Meaning we all have the capacity as human beings to operate more positively and lovingly than that which is defined or labeled as negative. If we are to evolve and grow as human beings and souls, we must transcend judgmentalness of all kinds.)

There are many ancient forms and systems of spiritual, energetic and physical healing (see chapter nine) which have been developed around the world. Some of these systems even have methods to address issues or conflicts which are believed to have originated in past lives, for those of us who hold those beliefs. All of these diverse systems and techniques are needed, along with Western medicine, to handle the healing of the ongoing occurrence of interpersonal, inter-nation and inter-religion wounding that is occurring, as humanity learns to transcend our prior and lower states of consciousness and ego.

We very much need the timeless wisdom of these healing systems to support all of us in humanity's path of learning to accept and love one another unconditionally. These systems of healing include Catholic and other Christian denominations' practices of laying on of the hands and prayer healing and the rich history of miracles extending back to the time of Christ, which include spiritual exorcisms which could be seen as a form of spiritual healing. Jewish energy healing practices include Kabbalistic symbol-based techniques, prayer healing, aligning oneself with spirit, also include laying on of hands and exorcism. Other healing forms include Shamanic healing, Islamic Energy Healing techniques, Reiki energy healing (begun in 1922), Qi Gong and Tai Chi energy healing, the Ho' Oponopono (a Hawaiian healing technique and one of the most powerful and flexible methods I have found), analytical meditation, transcendental meditation, mindfulness meditation, hypnosis and many others.

This is a special time because for the first time in the history of humanity, everyone, regardless of what they were trained to believe by family, culture or religion, has access to a multitude of other understandings and practices via the internet. These individuals can use this information to create their own customized individual

spiritual practice, that then works best for them. This is a wonderful and exciting vehicle for the expression of everyone's personal and spiritual self-sovereignty.

Perhaps the most important of all healing techniques is basic prayer to spirit which is common to most spiritual paths, as well as some specific highly developed systems of prayer and Sanskrit mantras from various religious traditions, including Buddhism, Hinduism and the Sikh religion. Two highly evolved systems of Eastern medicine integrate multiple therapeutic elements such as massage, acupuncture, energy healing and herbal medicine to heal the body and directly affect the human energy system and our emotional systems. These are Chinese medicine and India's Ayurvedic medicine. Both systems include techniques for sophisticated holistic diagnosis.

### **The Accelerating Power of Individuals:**

We are now more fully realizing the power of the individual to affect the world as a whole, for better or worse, and this power can be seen in many diverse situations. Bangladeshi American Salman "Sal" Khan, named by Time Magazine as one of the top 100 influential people in the world, has formed an online academy of free education available to everyone in the world. Khan's system offers good quality information on many different topics, including math, science, business and economics and it will be expanded to cover many other disciplines. This new paradigm in education, though still in its infancy, is proving to be a powerful and effective method of making higher education available to all of humanity for free.

The coming effects on international development, cooperation and competition will likely be profound. In a world of increasing informational and technological complexity, having access to accurate, precise and complete information for quality decision-making becomes ever more critical. Humanity needs to develop and implement more new and socially shared systems and models of cooperative effort, which will support re-conceptualizing and re-understanding our world. We need these new systems of teamwork and refinable evolvable models of social interaction to apply to all the newly available information that technology is producing.

In this way, we are empowered to make optimal use of the information. The advent of the smart phone is one highly refined and integrated and "concrete example" of a system of socially shareable and evolvable models of information management, distribution and real-world consumption and application. As a "front end" to the internet, with all its growing capabilities, the cell-phone is tremendously empowering. These systems can optimally cross-pollinate shared concepts and understandings around the world and facilitate rapid global transformation.

China, one of the most powerful and populous nations in the world, is being directly influenced, on a daily basis, by the statements and actions by a single individual, (i.e. the Dalai Lama). China wants very much to be seen by the rest of the world as a progressive and evolved nation, yet the historic conflicts in Tibet are continually being brought to the fore in global news and the consciousness of humanity by the efforts of the Dalai Lama. The Dalai Lama has repeatedly infuriated the Chinese government, yet none of the government's tactics have been able to significantly affect him. Still the Chinese government has been powerfully influenced by the Dalai Lama to implement positive social evolution. As this situation unfolds, China is simultaneously trying to retain its status quo method of oppressive governance and is at the same time working to modify itself fundamentally in order to meet the expectations of the global community. In today's world of instant global communication, China is continually being placed in the public spotlight and is laboring under the magnifying glass of global conscience and consciousness.

We have seen amazing technological developments occur as a result of the efforts of empowered individuals. These include Bill Gates with Microsoft, Steve Jobs with Apple, Jeffrey Bezos with Amazon, as well as Facebook founder Mark Zuckerberg's amazingly powerful influence on the development and evolution of the computer, the communications industry and society as a whole. Obviously, no one person invented the

internet, still it is important to realize that Al Gore, through his legislative, educational and leadership efforts, in his roles as Congressman, Senator and as Vice President has done a great deal from a governmental standpoint to initially fund and support its development. One example of his influence can be seen in an article in “Wired Magazine” April 23rd 2012 by Ryan Singel

(See <http://www.wired.com/business/2012/04/isoc-hall-of-fame/>).

“Al Gore: As a U.S. senator in the 1980s, Gore was the first politician to grasp the potential of the internet. Gore wrote the ‘High Performance Computing and Communications Act’ that passed in 1991 and which helped spread the internet beyond use by computer science professionals by providing key funding to internet projects, including the groundbreaking Mosaic browser which led to the dot-com boom”. According to this article Al Gore was also recently entered into the Internet Hall of Fame in Geneva Switzerland for his internet contributions. Gore has also worked tirelessly to help humanity understand the complexities of global warming, which is now recognized as an unquestionable global threat. All of these technological developments have directly affected all levels of society, economics and political systems—for example, the internet and Facebook have recently been utilized to coordinate Middle Eastern revolutions in the Arab Spring and even to help develop new governments.

Julian Assange, the founder of the WikiLeaks web site, has had global effect on several nations as he acquires and distributes information from whistleblowers around the world, information that many nations would prefer was kept secret. This ongoing global influence by one key figure is directly driving world political shifts and shaking some previously unassailable institutions at their foundations. Wikileaks’ and internet whistleblowers’ effects such as those of Edward Snowden on international policy are still evolving, yet at the same time global political and military activities are becoming ever more transparent as a result of those actions. While Assange’s and Snowden’s activities remain controversial, I do see their actions as an attempt to utilize their personal self-sovereign power to bring about what they see to be positive change in the world. At least as far as they are personally able to discern.

Mohamed Bouazizi was an unknown street vendor who purposely set himself on fire (self-immolation) in Tunisia and soon after there was a new government in place in that country. Although this individual’s sacrifice may, on the surface, appear very negative and disturbing. His act was the catalyst for a vast transformative political development in Tunisia, which has then led to a domino effect of new developments in several other Middle Eastern nations. This domino effect process is vital to understand if we want to understand how every change by every individual in the world affects all others. Only in this way can we truly understand the rapidly growing power of the individual.

The proof of the power of individual action is becoming increasingly obvious to all populations and governments; this developing process will inevitably in turn lead to more courageous independent actions on the part of individuals. It is an unfortunate and paradoxical truth that human death has in the past been a key method by which human beings achieve understandings and are inspired to take healthy and constructive action. This method of learning of learning from death can clearly be seen in how we create laws, rules, and even engineering and building safety standards after people die in accidents. Until these undesirable circumstances occur, people are often not moved to take decisive action, or even to understand that there was a problem to be solved. Although this method of social change may have great positive effect, I would suggest that we can develop other and more proactive and insightful ways to bring about positive social change.

Currently there are many examples of self-immolation occurring in Tibet and even in Beijing, the capital of China in protest of Chinese occupation of Tibet as well as broader social, political and religious oppression in the country. It is likely that these individual acts of personal power and sacrifice will also ultimately lead to positive social and political developments in the region. Yet other less costly forms of protest might better serve the greater good, for example effectively utilizing social media.

While I have shared with you just a few of the wonderful advancements occurring in the world... what goes up must come down... Therefore, simultaneously, many other situations which would appear to be significantly more problematic, do exist. To start to see the full picture requires that we also look into our detrimental situations as well.

### **Political and Economic Concerns:**

Even with all our technological and cultural advancements, multiple wars are still being waged around the world at great personal, social and economic cost. The threat of terrorism of various kinds by various groups, individuals and even nations is rampant, including the potential for bio-terrorism, nuclear or radiologic terrorism, and cyber-terrorism and cyber-warfare (this new mode of warfare now includes information warfare). There are concerns around the world as multiple countries continue their efforts to develop and proliferate nuclear weapons that can be internationally or globally delivered. (See information on North Korea, Syria, etc.). Those concerns are also related to potential mismanagement and misuse of nuclear fuel, nuclear materials in general and other types of weapons of mass destruction. In addition to these “old style” nuclear weapons we now have sophisticated cyber-weapons and their potential effects on the vitally necessary internet to consider.

Alongside war, the potential exists for global economic downturn, and even global economic depression. These situations are apparently related to previous tendencies of those “in power” toward shortsighted financial gain, inadequate governmental oversight, endemic fiscal mismanagement, the increasing complexity of the economic system itself and corruption at all levels of society and government around the world.

The continued tendency toward nationalist, culture-centric and religion-centric focused values, thinking and decision-making orientations is resulting in a lack of necessary international cooperation. This is occurring in a time when we vitally need teamwork, collaboration and the fundamental commitment to and investment in all human’s betterment in facing global challenges. Prioritizing the good of the world above the good of any one nation is a necessity in these efforts, and defining effective and standard for international and intra-national decision-making strategies to support this process of solution development and management is vital.

In many ways the global situation is improving, yet there are many cultures and many nations that are still unwilling to change for the better. For example, some nations are willing to change economically, yet they are totally unwilling to change politically, religiously or socially. It is crucial that nations quickly “learn to learn” how to comprehensively evolve and to cooperate at all levels and in all areas of function, not merely economically.

It is also essential, for the good of the world, that all nations work to learn how to evolve as a unified organized and collaborative whole. If this shift in understanding does not occur then global citizens and nations cannot effectively work together in a timely, well-coordinated and integrated manner to achieve necessary goals and solve shared global problems.

### **Environmental Challenges:**

There exist valid concerns about projected near term and long-term shortages of fossil fuels, which humans are still completely dependent upon, both technologically and economically. The economic effects of fossil fuel shortages are compounded by concerns about the global environmental impact of major oil spills involved in the production and transport of oil. Related to this situation are the recently scientifically validated concerns about human produced climate change created by burning fossil fuels and by other forms of pollution. There are also concerns about corporation’s efforts to cover up and produce misinformation for the past 30 or 40 years in regard to how fossil fuels affect global warming.

These concerns emerge at a time when we have no readily available replacement fuel source. Which in turn can lead to more reactive fear. It has been projected by several sources that within a few short years oil will become too expensive to make it cost effective to drill for as existing sources run dry. Oil companies have now resorted to drilling in the Antarctic, one of the most inhospitable regions of the world. (See information

available on the internet in regard to “peak oil”). Countries and corporations are already racing to ensure that they get their share of the remaining oil in the future. Where will this unfolding process leave the average global citizen? In the past, there have been riots due to lack of fuel; it is likely that this situation will repeat itself in various areas of the world if a suitable replacement for oil is not identified in the near term.

Burning fossil fuels (including coal) creates pollution. Around the world we see the effects from pollution of all kinds, including long-term effects on human and nonhuman species genetics. (See the study of epigenetics and studies related to the cancer-causing effects of pesticides on multiple generations of offspring, and the effects of pesticides on bee populations). Pollution has become a truly terrible problem in developing and highly populous countries such as China and India leading to literally unbreathable air. This pollution problem could lead to multi-generational and potentially unresolvable genetic issues across multiple species, including humans.

Because of pollution our oceans are becoming warmer, acidified and deoxygenated. Most coral reefs around the world are already significantly damaged by coral bleaching due to warming and pollution. In the United States, it is becoming harder to find any freshwater fish that are safe to eat and free of contaminants such as PCBs and mercury. Among ocean fish the smaller fish, (which tend to hold fewer pollutants), are generally safer to eat on a regular basis than larger species. See EDF (Environmental Defense Fund) web site for detailed fish safety listings.

(<http://apps.edf.org/page.cfm?tagID=17694>).

Yet even smaller salt-water fish in the oceans are now ingesting small particles of partially broken down plastic which is floating in the oceans. These are of course fish that we humans and other species then consume. At the same time there are concerns related to the advent of newly mutated and ever more virulent diseases (Ebola, Swine flu, Bird flu and now the Zika virus). These illnesses can be spread globally and with great ease by a handful of people flying from country to country. In addition, there is now intentional human scientific development of new and even more dangerous viruses, as an accepted method of ongoing medical research. This potentially dangerous “how to mutate a deadly virus” information has been disseminated broadly to other international research institutions.

Around the world there are melting ice caps and glaciers, rising sea levels, unusual hurricane activity, earthquakes (see the latest research on the effects of “fracking” fuel production methods on earthquakes), tsunamis and other signs of environmental breakdown or disruption. Some or all of these situations are likely either related to global warming or are influencing global warming, with all its potential long-term and broad-based effects, or other as yet undefined earth changes. Everything we change in our eco-system tends to influence everything else in some way and to some degree. It is all connected. The latest science is communicating the potential for massive global climate problems, in the relative near term.

Yet whatever is actually changing in the ecological environment or why, we as individuals are, unlike in the past, being instantly inundated by the news of these events and their effects on local populations on a daily basis. This rapid communications scenario is being further fueled by a news media which significantly feeds upon drama, conflict, disaster, and purposefully inadequate reporting. How information is distributed, to a degree, is driven by special interests, rather than comprehensively and in a more balanced responsible manner reporting the deeper nature and aspects of the world’s transformation. Most of the large news outlets are currently owned by very few people, and this situation influences what news information is produced, how, when, where and why. It is crucial that each of us now realize we have the personal power to directly and positively affect these situations for the better, and we need to learn how to decide to use that power wisely and effectively.

In the early days of coal mining there were situations where invisible methane gas would build up in mines and lead to the suffocation of miners. To warn themselves of this potential danger, miners carried canaries in cages down with them into the mines. The canaries would tend to pass out from the gas much sooner than the human miners, and when they did, the miners knew they had to take immediate action or they themselves

would die. In like manner, many of our current environmental situations, for example the collapse of some of the main ocean fish populations we depend upon for food, can be seen as the canaries in the coal mine of our world's ecosystem. Swift mindful, powerful and globally coordinated action in addressing our most key environmental challenges is our best solution.

### Technological Accountability:

At a time of positive technological revolution, we are simultaneously seeing technology of various kinds run amok. The current system of law and governance for technology is falling far behind the developments of new technologies. Thus as nations and as a world we are having a difficult time regulating what is truly good for humanity in a timely and effective manner. So major problems develop and then our systems of governance, law and regulation try, often inadequately, to play "catch up" in order to influence the problems after the fact. With the world changing as quickly as it is, this simplistic reactive method of managing change and technological development is no longer adequate. Major problems can now develop and effect the world much faster than in the past. **Note:** There are currently few laws governing the use of cyber-weapons in war. We have the Geneva Convention to govern acts of traditional warfare, and we have almost no rules of the road for the use of cyber-weapons. We often don't even have methods to accurately identify who deployed such weapons, so how can laws regarding them be enforced?

It is likely that this gap between technological development and conscious discerning governance will continue to widen faster and faster. This is due to technological developments continuing to accelerate as courts of law become further bogged down by caseloads and at the same time special interests are lobbying to remain unregulated by law. This gap is a literal "danger zone" of ignorance that we must learn to discerningly master, sooner rather than later, since it represents a **zone of non-accountability** for virtually any corporation or country to operate in unregulated territory. Can you see why some groups might want this gap to remain in existence?

Another related problem is that judges and courts cannot fully understand the technological complexity and complete implications of the technological developments they are attempting to regulate. Key to this developing global situation, within the United States, is the conflict between our constitutional rights to privacy and the desire on the part of corporations and even our own governments to know what we are doing, when, where, why and how. There are some experts who feel that privacy as we have previously known it is truly dead, and cannot be recovered.

A part of these developing technological dynamics is that of what are labeled "disruptive technologies" and disruptive business models. Examples would be the advent of cell phones, the internet itself, the Uber car ride system, civilian drone use, etc. In the past disruptive technologies would have been seen in the advent of the printing press, the automobile, electricity, radio and the electric light bulb. Then came later "waves of fundamental change" with the atomic bomb, atomic energy, the computer, the development of orbiting satellites, space travel and antibiotics. Disruptive technologies **are not really disruptive**, still they do bring fundamental, rapid and often global change, that is in some way globally and socially transformative and evolutionary. They also tend to increase the complexity of life and decision-making in some ways, even if it is just because we must choose from more positive options. These developments introduce fundamental shifts and changes in economies, nations, cultures and individuals.

These developments tend to enhance people's and society's options and opportunities, empowerment, quality of functional capability, and quality of life in general. In addition, they often lower costs of goods and services. The key thing to understand is that more disruptive technologies are being developed far more quickly than they used to, and are also being implemented and integrated into society and economies far faster and thus having their effects felt sooner and more broadly than in the past. This "speeding up effect" can cause change shocks of various kinds. The most potentially globally transformative technologies I perceive on the horizon

are the blend of artificial intelligence and robotics (which will of course include drone technology and self-driving cars), quantum computing, genetics and epigenetics, and opening space exploration to corporations.

Each day many corporations and governments around the world are collecting, storing and selling massive amounts of information about all of us. They are then utilizing this information to influence our lives and our decisions, and even the practice of governance itself. They are doing so without either effective legal oversight or our legal system being aware of the ongoing situation in an empowering way. Legislation has been passed which allows the U.S. government to access information about its citizens, including internet usage, emails, telephone communications and faxes without the government being required to obtain a warrant or to even include the judicial system in their procedures. There may be plans in place by some government agencies to constantly record all data and communications that occur around the world. If this is so, what are the future implications of this single choice on our world, in regard to how our societies function and on our children's lives are affected?

Taking all the above into account, it could be said that the previous U.S. constitutional and governmental system of checks and balances is being circumvented and undermined, potentially to the detriment of citizens. This intrusive situation is replicated around the world by NSA personnel and their technology every day, probably to a far more extreme degree. With the advent of quantum computing, it is likely that it will not be feasible for any average citizen to keep any personal secret, if it is desired to be known by any powerful government or corporation. This truth is already seen in the massive and methodical state run effort by China to infiltrate many American corporations and government institutions. It is also evident in Russia's recent apparent hacking of the Democratic National Committees email system. Where does the potentially massive detrimental influence of the misuse of information end? It is vital to understand that if the continued competition for information and the desire to control our information continues as it is, that this dynamic could lead to dire circumstances. Meaning it is possible that information misuse on the part of any group or government literally reaches a "critical mass" of detrimental influence, thus triggering a cascade of cyberwarfare dynamics, and this could then trigger a global information management meltdown. In such a case, the global economy would likely quite literally come to a standstill and the resultant problems and human suffering would be globally catastrophic and unimaginable. It might not be feasible to come back, as a global system from such a situation.

Just one of many examples of the profound loss of privacy in the U.S. can be seen in the George W. Bush administration instructed the National Security Agency (NSA) to put in place a system for secretly monitoring citizens' telephone conversations on a mass scale within the United States. Many other intrusive technological efforts by the NSA have been and will continue to be revealed by Edward Snowden. Many other nations are working in collaboration with the United States in creating a massive global information monitoring network.

In an excerpt from an article by Dan Eggen, a Washington Post staff writer, on Friday, December 16, 2005, he writes:

President George W. Bush signed a secret order in 2002 authorizing the National Security Agency to eavesdrop on U.S. citizens and foreign nationals in the United States, despite previous legal prohibitions against such domestic spying, sources with knowledge of the program said last night.

Legislation has also been passed allowing the U.S. government and private organizations to develop and fly unmanned drones within U.S. airspace. Due to sophisticated technological advances these drones can be very small and powerful in their sensing capacity to monitor or potentially to spy on U.S. citizens without their knowledge or informed consent. There is by the way no current governmental mechanism capable of governing the activities of these drones and no comprehensive base of law to govern them. In addition, we are also seeing the application of artificial intelligence to drone development, which is in turn leading to the development of intelligently coordinated "drone swarms", which are of course potentially weaponizable. We are now just at the very beginning of the potential influences of such technology on our lives. How can personal privacy be

effectively maintained and managed in such a rapidly technologically advancing and unmanaged world? How much more important will discerning self-sovereignty and self-empowerment become in the future?

The development and usage of the internet and the rapidly expanding and increasingly integrated telecommunications networks are driving many new legal and regulatory developments. The internet is certainly providing all of us with timely access to limitless amounts of useful information, improving communications and logistical business coordination and facilitating world and national developments, and yet it is simultaneously opening the door to misuses of power.

Serious examples of this misuse are:

- ❖ Pedophiles trolling chat rooms in search of unwary children.
- ❖ Cyber-bullying of teenagers and adults alike.
- ❖ Illegal internet gambling, distribution of pornography and facilitation of prostitution.
- ❖ Citizens avoiding paying sales tax by purchasing products over the internet.
- ❖ Theft of highly classified United States government secrets by unfriendly (and even friendly) governments (including the theft of the plans for all U.S. atomic weapons by China).
- ❖ The threat of cyber-warfare and cyber terrorism (for example, see internet available information on the “Stuxnet” computer virus and the “Flame” virus used for international sabotage and spying. Stuxnet is believed by many knowledgeable sources to have been developed by the U.S. and Israel and the Flame virus may also have also been produced by the U.S.). Far more dangerous cyber-weapons have most certainly been developed since, and as of this writing hacker groups have claimed to have stolen some cyber-weapons from the NSA. In addition, few if any large corporations have not been hacked and had their information stolen. North Korea’s attack on a Sony corporation, and what may be Russia’s current hacking of the Democratic National Convention’s email servers.
- ❖ Corporations are both legally and illegally tracking our day-to-day activities on the internet and through all telecommunications channels (for example, monitoring of individuals’ internet traffic, smart phone activities, hacking email and voicemail accounts, tracking of citizens’ physical locations and daily activities via built-in cell phone GPS chips).
- ❖ The United States is, according to some sources, currently contemplating the creation of an army of 100,000 cyber-warriors. This development has the potential to escalate cyber-conflicts of all kinds, rather than insuring that they never occur in the first place. This development of a large cyber-warfare team is similar to the system that Israel has created.

In another developing area of technology there are significant concerns over the unfettered potential of genetic research of various kinds. This research includes the development of new highly dangerous viruses in order to learn how viruses mutate and thus how to cure them before they develop naturally out in the world. This research also includes testing of gene modification therapies on humans, a process of which we are just beginning to understand the potential implications of. We are even openly discussing “3D printing” complete human genomes from scratch and thereby “creating designer humans” in labs that never had a mother or a father. Recently mixing human genes with animal genes has also been decided to be “okay” by the U.S. government (see transgenics and eugenics).

These rapidly developing situations are complex and incredibly influential on our lives, whether directly or indirectly, both now and in the future. Yet we rarely have access to all the information necessary for us to achieve comprehensive and thus personally empowering levels of understanding, that would then allow us to effectively influence these situations for our personal, national or global betterment and wellbeing.

Most of us have not been taught the benefit or methods of monitoring these situations, or even fully realize how truly profoundly influential these developments are on our lives. At this time, we have few real time and effective “braking” or management influences on these developments at our disposal. Lastly, it is often not



seen as being in the interest of either governments or corporations that individuals gain a clear view and complete understanding of what is really going on or what the implications of these developments truly are. (For example, the usage of spin, propaganda, incomplete information, cloaked activities, blatant lying, declarations of “in the interest of national security”, and immersion in endless legal battles. These methods and ongoing misdirection are designed to effectively keep the population from preemptively, proactively and decisively intervening on their own behalf, while denying this fact).

Acquiring complete truth through transparency is becoming ever more essential in a world where power can be wantonly, broadly and rapidly abused, on a vast scale, without complete understanding of the implications of doing so. Even when we perceive some imminent threats we often cannot perceive longer term negative effects of situations. The more complex the world becomes, the more difficult it becomes to put together all the interrelated pieces of any situation. We must learn to put these pieces together correctly in order to precisely, discerningly and effectively apply our personal power. Achievement of a critical mass of functional understanding and actionable intelligence specific to any situation is a requirement of discerning choice and action. Understanding all the domino effects of each of these changes and developments is also challenging. A critical mass of global understanding on the part of many individuals could lead to a shift toward greater discernment in global consciousness.

### **Religious Friction:**

Increasing interfaith religious friction and open conflict are detrimentally affecting the global geopolitical and economic landscape. The complexity and interdependence of international and intra-national social, political, technological, religious and economic systems are increasing very rapidly. So rapidly in fact, that this situation is leading to conflict and unmanaged social diversity well beyond our current capacity to fully understand, wisely manage or positively channel in a transformative way. This is a call to create new, diverse and sophisticated social management systems and methods to resolve and evolve these situations peacefully. Advancement of social and religious tolerance will ultimately occur with the support of internet-based forms of mass cultural education. However, existing governmental, social, economic and religious systems are currently not designed to meet the needs of this changing landscape. It is vital that all groups of human beings learn to change and to manage change in healthy ways. In Chapter Eleven of this book is a method for releasing our conflicted or maladaptive beliefs. This belief release method may help to resolve the “internal belief wars” or conflicted emotional states that many of us are experiencing as we are influenced by rapid world change and unexpected events and situations.

We are also affected by complex changes related to the family unit and moral decay in various cultures. This is in turn leading to various forms of social corruption and a lack of basic and necessary human values we have previously taken for granted. It is not that the world’s family models, dynamics or roles have ever been what we would most hope for. The issue today is that we have moved into a more chaotic, pressured, undefined, and subsequently less manageable and less evolvable family situation. Thus, we are, as families, unable to make the most of our transformational climate and resources.

It can be very difficult to evolve rapidly in a loving, conscious and spiritual manner while carrying significant emotional pain or being immersed in social, interpersonal or family conflict. It is true that this pain can be motivating, and thus a spiritual developmental catalyst, yet there are more positive, comfortable and enjoyable ways to become spiritual, conscious and wise. In the face of greater economic and social pressures, it is likely that for a time that this discomfort could escalate.

### **Social and Cultural Issues:**

The impact of the cultural and economic limitations and problems of the country of Greece is a clear example of the potential global problems that can be created with just one country’s inability to effectively, and in a nationally comprehensive manner, evolve adaptive cultural values and economic tendencies. The situation

in Greece, along with other countries in crisis is educating the world economic system and international cultures on how to better manage themselves as a global economy. What I am saying is that there is a larger dynamic at play here, and there are many nations not much better off than Greece and these nations will all be required to foundationally change and evolve if the world economy is to continue to function and develop. Greece and Spain are just the tip of the iceberg, yet they represent an instructional scenario useful to facilitate an understanding of the larger issues and dynamics. Another example of a nation trying to manage global change is the recent Brexit plan recently adopted by the UK, that was designed to separate themselves from the European Union. Though a key element of Brexit's design was to keep immigration into the U.K. "controlled", it appears that it is now understood to have essentially failed to achieve this goal. How can democratic nations make discerning decisions if they do not fully understand the fundamental implications of those decisions?

The United States political process is in the continual midst of heated conflicts regarding wisely managing its own basic fiscal responsibility. Presently the United States does not have a defined and dependable procedure in place for resolving its internal political, cultural and economic conflicts of interest succinctly and peacefully, yet such a technique can be developed and is needed.

Much of the world is experiencing a sort of mass paranoia which is leading to general distrust, interpersonal distrust, social distrust, distrust of governments and leadership, distrust of religion and distrust of corporations. Many people are even less trusting of themselves and their own decision-making methods, especially when overwhelmed by the mass of new information they have access to via all forms of electronic media. Many people use fear and judgmentalness as their core decision-making criteria and process, rather than discernment, acquisition of quality information and attainment of deep understanding. A key intended message of this book is that unconscious fear driven mistrust is directly disempowering, and that being accurately and comprehensively informed supports conscious discernment, which is empowering.

If fear and judgmentalness are used as the foundational "influencing values" in our decision-making process they tend to create paralysis rather than progress, especially when we become afraid of several different negative possibilities at the same time. These dysfunctional and ineffective decision-making processes are often obscured from our consciousness, meaning we do not realize that this is how we are going about making our decisions, and therefore these influences are not seen for what they are. We often do not want to see our own decision-making processes clearly, due to our "fear of feeling our fear", therefore we do not see their detrimental influence on our lives and relationships. Therefore, we feel unmotivated to fundamentally change these traditional non-optimal decision-making styles. We may even feel that it is our fear that keeps us safe, rather than our conscious wisdom and understanding which could better drive our decisions and actions.

In effect, we become "uncertainty bound" in key areas of our lives and relationships, and this is a main reason people feel unable to profoundly change their lives for the better. Using "certainty" as a decision-making criteria or process is not optimal and is significantly ineffective in navigating complex and rapidly changing relationships and environments. Certainty is an illusion that we tend to chase after endlessly, to our detriment. We want certainty because we fear "something" and often do not realize what it is that we fear. This leads to a habit of reactive, fear driven interpretations of life, and thus reactive decision-making, which is not optimal. It is our tolerance of this fear driven dysfunctionality that keeps us from more efficiently evolving and transforming. This reactive unconscious dynamic is antithetical to conscious creative proactive decision-making and learning from our life experiences.

Fear never kept anyone safe from anything or anyone, and fear undermines being able to focus on making a decisive decision, seeing any situation clearly or taking bold positive action. This is how we get trapped in our comfort zones. Comfort zones are a process of safety strategy decision-making, and an ongoing dynamic in our lives, that are designed to keep us safe, even if we are not truly safe by remaining in them. This situation of widespread social fear reactive paralysis and associated decision-making, and its associated dynamics of judgmentalness has led to political, economic and religious polarization and a general lack of cohesive team-

oriented effort, and unwillingness in society and individuals to learn new ways of making decisions and interacting. A new **fearless and loving** style of teamwork is what is necessary to optimally “learn our way through” and accurately navigate our current global issues and transformative developments. We must override our fear with conscious intention, otherwise our reactively fearful subconscious habits will continue to run and damage our lives.

Understanding that we tend to go through these repetitive cycles of dysfunctional fear driven decision-making, without consciously realizing it is occurring, is vital in order to find the courage within ourselves to choose to willfully step out of the old tendency to operate in this status quo supporting way. Until we recognize that this “fear cycle decision-making” is going on in our lives we cannot make this empowered choice. Becoming willing to powerfully make positive choices in our lives for ourselves and those we love is key to attaining happiness and inner peace. Being “busy” maintaining a comfort zone, due to our fear is paralysis, is not progress. There are no “completely safe” decisions in any lifetime, there are only decisions, some of which are more wise or discerning than others. Inability to make powerful decisions creates comfort zone prisons that we then live in, due to engrained habits of dysfunctional decision-making. No one deserves this end or situation.

These reactive fear-based tendencies have existed in humanity for a very long time, yet now they are reaching the point of overt and global maladaptive influence. Rather than just reflecting a “healthy distrust” of government and world powers of various kinds, which would then drive constructive positive change, we are instead experiencing dysfunctional paralyzing paranoia. Humanity is on the verge of learning that there are better ways to bring about social, economic, political and religious change than to allow ourselves to be lost in, and driven by, our fears and judgmental tendencies. Retaining balance in our path of achieving individual discerning and self-sovereign understanding of world events and their implications is crucial. Educated our children, early in life, to function in this conscious manner is also crucial.

Many people are concerned about the basic quality and safety of industrially and mass produced foods, which commonly include both artificial and natural food additives. (For example, natural does not mean healthy, as in high fructose corn syrup and trans-fats). Genetically modified food ingredients are becoming the norm rather than the exception, often without significant testing or regulation. Although we as consumers are rapidly learning to understand what types of food are good for us, we are simultaneously being presented with purposeful disinformation regarding foods which are rapidly and covertly evolving. This situation creates a scenario in which we as consumers have no comprehensively effective method to preemptively and safely determine food’s effects on our bodies.

In fact, if we look at the way sugar, salt and fat are being overtly and unhealthily infused into most foods it becomes clear that some corporations may literally be attempting to create food addictions in consumers. Scientific research on the tremendous biological and instinctive influence of these substances on appetite and food selection decision-making is well known to food producers. If corporate decisions are based upon mere competition in the market and profit as their decision-making criteria, which are very unbalanced and corporation centric intentions, why wouldn’t they make these kinds of unhealthy decisions? What are the implications of this dynamic on our children and future generations? How is our healthy discernment undermined by our own body chemistry and visceral motivations? So, “let the buyer beware”. (I suggest viewing the movie “Food Inc.”)

In many parts of the world there is a lack of necessary basic and advanced education. The United States is currently ranked among the highest in the world regarding its quality of college level education, less so for earlier grades. Still many children are not getting an adequate baseline of quality high school education, nor are they being supported and empowered to attain college degrees. The cost of a college education is now much greater than it has been in previous decades, yet there are no guarantees of jobs being available after this huge investment of time and money. In the age of information this is a great liability; the world needs as many educated people as we can produce now, without understanding there is no chance for widespread discernment

to occur. Every moment we wait to educate our citizens, we create more issues that we will be required to solve later.

### Is There Hope for Humanity?:

I understand that reviewing the vast positive and negative complexities of the world and its transformation can be quite overwhelming. I know that all that I have covered thus far in the book is important to many people. We could turn our heads and say that we do not have the personal power, knowledge or understanding to make a difference in regard to any of these topics. Still I personally perceive our global challenges, no matter how vast, to be in some way, a bit less important and profound than the need for us to understand and manage the developments that are taking place inside each of us, and in our relationships with other average individuals.

In fact, these large-scale situations all, in one way or another, originally stemmed from the choices of individual human beings. Meaning that some individual or group started them.

Interestingly, it is the heightened and widespread understanding of the large-scale and problematic results from our individual choices that are driving many current positive shifts in individual decision-making, actions and behaviors. (In effect we have created some rather large, complex global challenges. Now mankind, and each of its individual representatives (all of us), are being required by circumstance to learn how to clean them up and how we must modify ourselves as individuals and as nations in order to retain our solvency, safety and stability). We are literally being required by our complex and challenging world situations to deeply understand ourselves for the very first time as global citizens.

The need for this book is driven by the recognition of the basic truth that it was the power of individuals that created these complex global situations. Therefore, we each have the potential to effectively learn to positively manage and then transcend these issues. Anyone and anything can be healed; the same is true of any situation, any group, any nation or the whole world. So yes, there is absolutely reason for hope.

One of the most tremendous influences on the progression of global transformation is the internet and associated forms of electronic computing, media and communications. From these sources of information people are connecting, learning and interacting in new ways at a geometrically escalating rate. The rate at which we access and process information in our individual minds is in turn rapidly evolving the global consciousness and thus the world. The world is shifting as people everywhere consciously realize their individuality, self-sovereignty and personal power in new and different ways, and then in turn affect one another in new and ever more creative ways.

We are just now beginning to enter the *Age of the Individual*. Today an individual can use a smart phone and video record an atrocity in any country in the world, and instantly upload that proof to the rest of the world. This individual usage of personal power can then rapidly lead to vast social and political domino effects and potential accountability. This same application of technology also immediately educates the world's people with a more accurate understanding of many of life's realities. Individuals are now regularly recording police abuses and political abuses, and thus shaking the political power structures with their personal efforts.

A single "Tweeted" sentence from certain people on the internet system called Twitter can directly influence millions of other people in seconds, either to inform them or to misinform them with political propaganda. The jilted lover of a political official or prior recipients of sexual abuse can shift the course of a nation's political history, a religion's credibility or a major corporation's profitability with a single Tweet, and lately has. A single whistle blower can bring down a major corporation or even governmental institutions. A single computer hacker can expose the crimes of a political regime. A single intelligence analyst in a position to manage top secret documents can dump thousands of them onto the internet, and this has been the case with the WikiLeaks.com, Edward Snowden and others. Individuals can now basically directly or indirectly affect the whole of humanity through their technological and informational inter-connectedness. This dynamic is part of our new species evolutionary process and we are only just now learning to manage its powerful effects. This

situation will only continue to escalate as time goes by and technology continues to evolve and further connect us, inform us and influence our individual development. These examples precisely describe how individual power can affect worldviews and actions in a manner and scale that has never before been possible. It is useful to understand that the mass of information we are all being introduced to, can, rather than inform and empower us, distract and overwhelm us into a state of mass information processing hypnosis. It can also create within us significant feelings of insecurity or anxiety.

It is simultaneously important to realize that not all distributed information is complete, accurate, clearly communicated or even well intentioned. We currently live in a world where “spin” is often put on much of the information we have access to, whether it is to eliminate political competition, convince us that corporations “care” or even if it is just to get higher ratings for a news station or to sell a product. Due to the empowering characteristics of the global information network, and the current focus on literally and intentionally creating more drama, we are constantly being inundated with hyped sound bites. These sound bites may only show one convenient or distorted vantage point or interpretation of a situation; potentially skewing our interpretations and decisions related to the information we have access to. Our discernment must transcend these evolving situations.

We may assume video does not lie and that it even constitutes unquestionable proof, yet this is not always the case. In today’s technologized world of ever more powerful and available audio and video editing software, even amateur video editors can create video which may be difficult to refute in a timely manner, if at all. In a world where large portions of the population have immediate ability to record occurrences on their cell phones, often with minimal background information to support what we are being shown, there is vast potential for reactive or even destructive misinterpretations. Unfortunately, many of us can be quick to react to such distributed information, and not follow up to determine its accuracy or authenticity, prior to discerning whether any particular piece of information constitutes the whole story.

As our personal power increases, so must our power of discernment if we wish to make wise decisions based upon the information available to us. A key element of discernment is patience in our applied method of determining precisely what the whole truth is at every moment of our lives and in every situation and relationship we encounter. It is the precisely accurate understandings we achieve and act upon, and the wisdom with which we do so, that gives us our true power and which then manifests optimal results.

This is the turning point or inflection point in history in which awareness of the true power of the individual is becoming vibrantly clearer to everyone.

(Review the following chart to gain clearer understanding).

## THE DOMINO CYCLE OF THE INFLECTION POINT

AT LEVEL 11 INFLECTION POINT IS REACHED



SELF-SOVEREIGNTY INCREASES

LEVEL 10	MORE Global Transformation and Evolution
↻	
LEVEL 9	MORE Individual and Species Learning from Experience
↻	
LEVEL 8	MORE Competition, Confusion, Stress, Conflict and Pollution
↻	
LEVEL 7	Resource Usage INCREASES
↻	
LEVEL 6	MORE Individual Learning and Decisions Required
↻	
LEVEL 5	Life Experience Complexity INCREASES
↻	
LEVEL 4	RAPID World Change (Time Speeds Up)
↻	
LEVEL 3	Achievement of GREATER Personal Power
↻	
LEVEL 2	Education of World Populations INCREASES
↻	
LEVEL 1	EASY Access to Technology and Information
↻	

CYCLE BEGINS

Oddly enough this realization of the power of the individual is also frightening to some people, and even to whole nations. This is the case in relation to government's fears of "lone wolf" terrorists or destructive acts on the part of those who are mentally ill and who have unfettered access to assault weapons. With the evolution of this understanding of the growing power of the individual come further rapid shifts, sometimes quite dramatically, which will begin to heavily influence every nation, group, corporation, religion and existing power structure—everything can change in a nanosecond. Most importantly in this scenario, we can all learn from each other faster, and hopefully in a gentler way, than ever before.

One seeming difficulty in our unfolding global situation is that there are those who unquestionably believe in and convincingly profess their view of what is going on, or what could go on, now or in the near future. There have been many cases where individuals have claimed that the end of the world was near, with great emotion and conviction. Other people's proclamations have led to unnecessary runs on banks, massive stock selloffs or almost instant drops in the stock market. In these cases, some people listened to these statements and interpreted them to have more meaning and validity than they actually did. Yet our world is still here.

This presents us with a difficulty as we learn and make decisions both as individuals and as groups. How do we know what is really happening, and what will happen and what will or will not affect us? The reason I started off by saying this was a seeming difficulty is because it is just that. It appears to be a difficulty, yet in reality it is a part of our educational path of learning to function in a conscious, non-reactive and discerning manner. In effect those who might attempt to mislead us are sometimes our best teachers and we learn from our every experience, no matter how negative they may appear.

I would suggest that we are each endowed with the capacity to aptly discern and evaluate any information, experience or situation we are presented with. We all now have access to massive amounts of information that we can refer to, which can in turn help us to determine fact from fiction, or fact from simple misinterpretation or misunderstanding. Utilizing these sources tends to reduce our personal ignorance in any area in which we choose to research and learn. I would suggest that it is necessary for each of us to learn to evaluate and research other's communications and statements of fact, prior to emotionally reacting to any information we receive, from this point on in human history.

If we do not learn to do so we may become rapidly reactively emotionally entrained in their agenda to our detriment or distraction. We could look at this process of getting lost in the sometimes inaccurate and often overwhelming flow of information as a sort of "complexity hypnosis and/or complexity paralysis". There are many who would wish us to see the world either as they do, or in a way that would serve their agendas. I am not suggesting adopting a stance of fear-based reaction to any information; this can only lead to a dysfunctional, mild case of paranoia which is itself a form of misinterpretation of reality. I am suggesting conscious, patient, self-guided research and learning, objectively and earnestly looking at many potentially conflicting information sources, rather than just hearing the dramatic voice of the moment. In this way we will learn to live discerning lives and apply our power of freewill most wisely and accurately, at all times, and in this way we also attain the most consistently positive results.

### **We DO Have The Power:**

The message of this book is that we have the power to directly and powerfully modify ourselves and the world for the better. We always have and always will, yet many of us are only just now waking up to this fact. In addition, our power to affect the world at large is increasing and will continue to for the foreseeable future. It is not only important that we realize our power, but also how to wisely and lovingly apply it in every situation. Again, our power and our freewill cannot be taken from us, not by anyone, nor can our accountability for our choices. It is essential that we consciously understand our position of power as individuals and fully accept it, and it is equally important that we exercise it regularly.

We can realize and accept that it is our individual liberty and God given power of freewill that makes all this possible. It is necessary to remember that we have this power and only we can implement it when we see beneficial opportunities to do so in the world, in our relationships and within ourselves. That is how we can make the world a better place; how we can foster and facilitate positive developments, and how we can manifest the lives we want for ourselves and those we love. Many of us fear our own power and thus turn away from the opportunity. In effect, many of us fear making mistakes with our personal power that we will later regret, judge ourselves for, or be judged and/or punished for. I would say that it is only through exercising our personal power that we learn to master it; hiding from it will not solve anything. If we make a choice that we regret, we need only forgive ourselves and move on in a timely manner. Self-judgment and self-blame is a prison, while self-forgiveness is a fundamental key to speeding up our personal learning and evolution, and freeing ourselves from the developmental traps of shame and guilt.

I also perceive that discussion of these world challenges, and many other difficulties that we face, are in no way an expression of fault with any aspect of humanity. I love all of humanity and respect every choice that has ever been made by any human being, as each is only a step on the path of their personal learning and their soul's evolution. Each of these decisions has been a step in the evolution of all of humanity, and nothing more or less. I believe in and support freewill in all its forms, and believe it is perhaps the most necessary, wonderful and creativity supporting component of our evolutionary unfoldment. We cannot learn as individuals, or as a world, without occasionally “stubbing our toes”, (i.e. making ignorant or unwise choices and learning from them). Stubbing our toes in the global sense can be seen in our prior acts of war and the learning that has occurred from doing so. We often cannot learn to live in peace and harmony without being taught by someone to do so. Alternatively, we may be able to learn to live in this positive state by experiencing some difficult situations, that then lead us to value more peaceful and harmonious ways of living life.

Pain is a key part of the human learning process, and although hated by many, pain is in fact our “friend”. We could not learn and develop physically, mentally, emotionally, socially or spiritually without feeling our pain. Although it is often painful to look directly at our developmental issues and life experiences, it is necessary that we do so in order that we be able to define and accurately work with our challenges. If we are unwilling to do this, then we will be unable to effectively and succinctly solve our problems, and continue to adapt our world for the better.

We must first help ourselves if we want to be able to help those we love. It can be uncomfortable to look at our weaknesses, our ignorance (which all of us have) and our prior unwise choices. However, enduring this discomfort, and courageously facing our ego-based fears, while proceeding through life in a loving and gradually developing manner, allows us to transcend who we have been and to become who we potentially can be. This is, for most of us, a very gradual development that takes place over time. Time itself is a necessary buffer to the ongoing discomfort of our evolutionary incarnate learning process. Meaning that having our life experiences spread out over many years diminishes the potential to be mentally and emotionally overwhelmed by life. If everything happened “all at once” we could not learn as souls, due to the overwhelming influx of information, emotion and experience. Time has other benefits, meaning that it gives us a method of managing, organizing, categorizing, comparing, relating, learning from and sequencing our life experiences. This model of organizing our memory and sense experiences, that we hold and manage in our systems, allows us to gradually learn in more and more complex ways.

Yet time is currently speeding up, meaning that more is happening around the world now faster than ever before. With our increased technological power, we can now create more good, or more destruction, much faster. Accepting this fact and learning to patiently and forgivingly love the gradual developmental nature of human existence is a beneficial perspective to cultivate. We are all worthy of our own patience and tolerance along the way. Willfully holding onto our hope and faith in this developmental situation is also important, as is congratulating ourselves for every positive step we take.



I do not believe in judging, shaming, criticizing or frightening people into changing their ways, and that is not, to any degree, the intention of this writing. I do perceive it is important to understand that if we are unwilling to find the conscious determination necessary to resolve our issues, we will falter as a world and as a species. We can no longer afford to hesitate in taking constructive action due to misunderstanding the nature of our global issues, fear of their negative implications or due to unresolved competing priorities. We can no longer hesitate due to fear. We can no longer assume that mere economic competition or some new technology will solve all our problems. If we do operate on these false assumptions, then our issues will persist.

Competition divides us and is often a self-justifying and self-perpetuating mask for selfishness, corruption and greed, and it is antithetical to teamwork and cooperative efforts. Creativity, innovation, collaboration, teamwork and love unify us. Conscious discerning interpretation of the information we have access to is a key to owning our personal power, and of solving both personal problems and world problems. It is imperative that we be willing to regularly re-interpret our personal experiences of what is actually going on in the world, so that we may learn more.

